

Join us for a free screening of the award-winning documentary "Resilience: The Biology of Stress and The Science of Hope."

This film chronicles the birth of a new movement among pediatricians, therapists, educators, and communities who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease.

Join us for a one-hour screening of this poignant documentary followed by a question and answer session with mental health counselors from Southwest Florida Counseling Center.



"The child may not remember, but the body remembers."